

Joby Martin Session Participant Guide

Session: Joby Martin – *What Kind of Man Are You?*

Total Time: 1:30 (90 minutes)

Video Length: 54 minutes

6:30–6:40 (10 min) — Fellowship & Welcome

6:40–7:25 (55 min) — Watch Joby Martin Session

7:25–7:30 (5 min) — Large Group Discussion

Questions:

1. Joby walked through four types of men — Jezebel, Ahab, Obadiah, and Elijah. Which of those four characters did you find most interesting or surprising, and why?
2. Joby said "the opposite of faith is not doubt — the opposite of faith is fear." What do you think he meant by that?
3. He said Obadiah had good intentions but no backbone, and argued you can't actually be good and weak at the same time. Do you agree with that? Why or why not?
4. Joby said the number one cultural problem in America is fatherlessness. What do you think that means for men sitting in a room like this one?

7:30–7:50 (20 min) — Small Group Discussion

Goal: Personal reflection and application.

Questions: See small group questions on back

7:50–7:55 (5 min) — Closing & Weekly Challenge

Before the next meeting, choose **one** of the following to act on:

- **Know your type.** Reflect on the four men — Jezebel, Ahab, Obadiah, and Elijah. Write down honestly which one you most resemble right now and in what specific area of your life. Don't just think it — write it down.
- **Name the lizard.** Identify one sin, habit, or pattern you have been tolerating. Tell one person in your small group what it is and ask them to check in with you next week.
- **Bend the knee.** If you have been trying to be the man God called you to be on your own strength, spend 10 minutes this week in prayer specifically surrendering that area to Jesus.
- **Ask the hard question.** Go home and ask your wife or a close friend — "What is it like to be on the other side of me?" Listen without defending yourself.
- **Leverage your strength.** Identify one person in your life who needs you to show up for them this week and do it.

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1. The Four Types of Men — Which One Are You? *1 Kings 18:1-18 | James 1:22-24 | Matthew 7:21-23*

- Joby said we should read the Bible like a mirror, not binoculars — meaning we should look for ourselves in these characters, not other people. As you look honestly at Jezebel, Ahab, Obadiah, and Elijah, which one do you see most in yourself right now, and in what area of your life?
- James 1:22-24 warns against being a man who hears the word but doesn't act on it — like someone who looks in a mirror and then forgets what he saw. What is one thing God has been showing you about yourself that you keep forgetting or avoiding?
- In Matthew 7:21-23 Jesus says some people will point to their good deeds and still hear "I never knew you." Joby compared this directly to Obadiah bragging about hiding the prophets. How do you guard against substituting religious activity for an actual relationship with Jesus?

2. Fear vs. Faith *2 Timothy 1:7 | Joshua 1:9 | Proverbs 29:25*

- 2 Timothy 1:7 says God has not given us a spirit of fear, but of power, love, and self-control. If fear is a spirit that does not come from God, where does yours come from, and what would it look like to actively reject it?
- Joby said the difference between fear and faith comes down to one question: when you look at the future, who do you believe is in control? In your current season of life, what does your day-to-day behavior say about who you actually believe is in control?
- Proverbs 29:25 says "fear of man will prove to be a snare." Where in your life — at work, at home, in your community — are you most trapped by what other people think of you?

3. The Sin You're Tolerating *Hebrews 12:1 | James 4:7 | Romans 8:13 | 1 Corinthians 5:6*

- Joby said Ahab tolerated the lizard in the bedroom until it became a dragon that burned his whole house down. What is one thing in your life — a habit, an attitude, a pattern — that you know you've been tolerating instead of dealing with?
- Hebrews 12:1 calls us to throw off "every weight and sin that so easily entangles." What is one thing that is slowing you down spiritually that you've been unwilling to surrender?
- James 4:7 says resist the devil and he will flee. What would it look like practically for you to stop tolerating a specific sin and start actively resisting it this week?

4. Leveraging Your Strength for Others *Mark 10:43-45 | Philippians 2:3-4 | Galatians 6:2*

- Joby pointed out that after Elijah's big confrontation with Ahab, he quietly spent two chapters serving a widow and an orphan. He said a strong godly man leverages his strength for somebody else under the glory of God. Who in your life right now needs you to show up for them in that way?
- Joby challenged every man to go home and ask his wife "what is it like to be on the other side of me?" What do you think she would honestly say — and what would you want her to say?
- Mark 10:43-45 says greatness in the kingdom means being a servant of all. In what specific relationship — marriage, parenting, friendship, or work — do you most need to move from being served to serving?

5. Bending the Knee Before You Can Stand Firm *Matthew 5:3 | John 15:5 | 2 Peter 1:3 | Matthew 3:17*

- Joby said God told Jesus at his baptism "I am well pleased" before Jesus had done a single miracle or preached a single sermon. How does it change things to know that God's approval of you is not based on your performance?
- John 15:5 says "apart from me you can do nothing." Where are you currently trying to do something for God that you haven't actually invited God into?
- Joby said before the knight can swing the sword he must first bend his knee to the king. Have you genuinely surrendered control of your life to Jesus, or are you still trying to be the man God calls you to be on your own strength?